

tiger bowls every day value



chickpea curry (V) 5.75
quinoa upma, tamarind chickpeas,
cumin yogurt



turmeric cauli (V) 5.75
quinoa upma, cauli tikka, tempered
carrots, spicy coriander chutney



vegan nirvana* (V) (Ve) 4.95
eat in 5.95
dill sweet potato, corn chaat, salad
leaves, tomato & date chutney



tt chicken & rice 5.95
brown berry rice, mint chicken,
kachumber slaw, tamarind chutney



**masala beef
meatballs** (G) 6.25
brown berry rice, masala beef
meatballs, cumin yogurt



mango curry bowl 5.95
brown berry rice, mango chicken
curry, kachumber slaw



* 0.10p from each vegan nirvana sold goes towards AAH's global efforts in fighting hunger and malnutrition

(V) vegetarian | (G) contains gluten | (Ve) vegan

for any allergies and intolerances, please speak to our team before you place the order

all prices in GBP
all prices include VAT

make your own tiffin boxes

select your main

tamarind chickpeas (V) (Ve) 6.75

cauli tikka (V) 6.75

mango chicken 7.75

mint chicken 7.75

masala beef meatballs (G) 7.95

add masala lime avocado 1.50

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plant box

(V) (Ve)

6.25

eat in 7.50

choose any 3 vegan veggies



*mindful
sourcing*

*earth to
table*



*100%
vegan
veggies*



*local
ingredients*



*Indian
flavours*



sides baked not fried



lamb samosas (G)

spiced lamb in a paper-thin
baked patty pastry

3.95



vegan samosas (V) (Ve) (G)

spicy potato & peas

2.95



gunpowder wedges

(V) (Ve)

south Indian gunpowder masala

2.75

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chaat pots

samosa chaat

(V) (G) 4.25



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