

tiger bowls

every day value



chickpea curry (V)

quinoa upma, tamarind chickpeas, cumin yogurt

6.25



meal deal

9.45



tt chicken & rice

brown berry rice, mint chicken, kachumber slaw, spicy coriander chutney

6.95



meal deal

10.25



turmeric cauli (V)

quinoa upma, cauli tikka, tempered carrots, spicy coriander chutney

6.75

8.95



masala beef meatballs (G)

brown berry rice, masala beef meatballs, cumin yogurt

7.50

10.75



vegan nirvana* (V)(Ve)

dill sweet potato, corn chaat, salad leaves, tomato & date chutney

5.95



mango curry bowl

brown berry rice, mango chicken curry, kachumber slaw

6.95

10.25

eat in 5.95



* 0.10p from each vegan nirvana sold goes towards AAH's global efforts in fighting hunger and malnutrition

(V) vegetarian | (G) contains gluten | (Ve) vegan

for any allergies and intolerances, please speak to our team before you place the order

all prices in GBP
all prices include VAT

make your own tiffin boxes

select your main

tamarind chickpeas (V) (Ve) 8.95

cauli tikka (V) 9.50

mango chicken 9.75

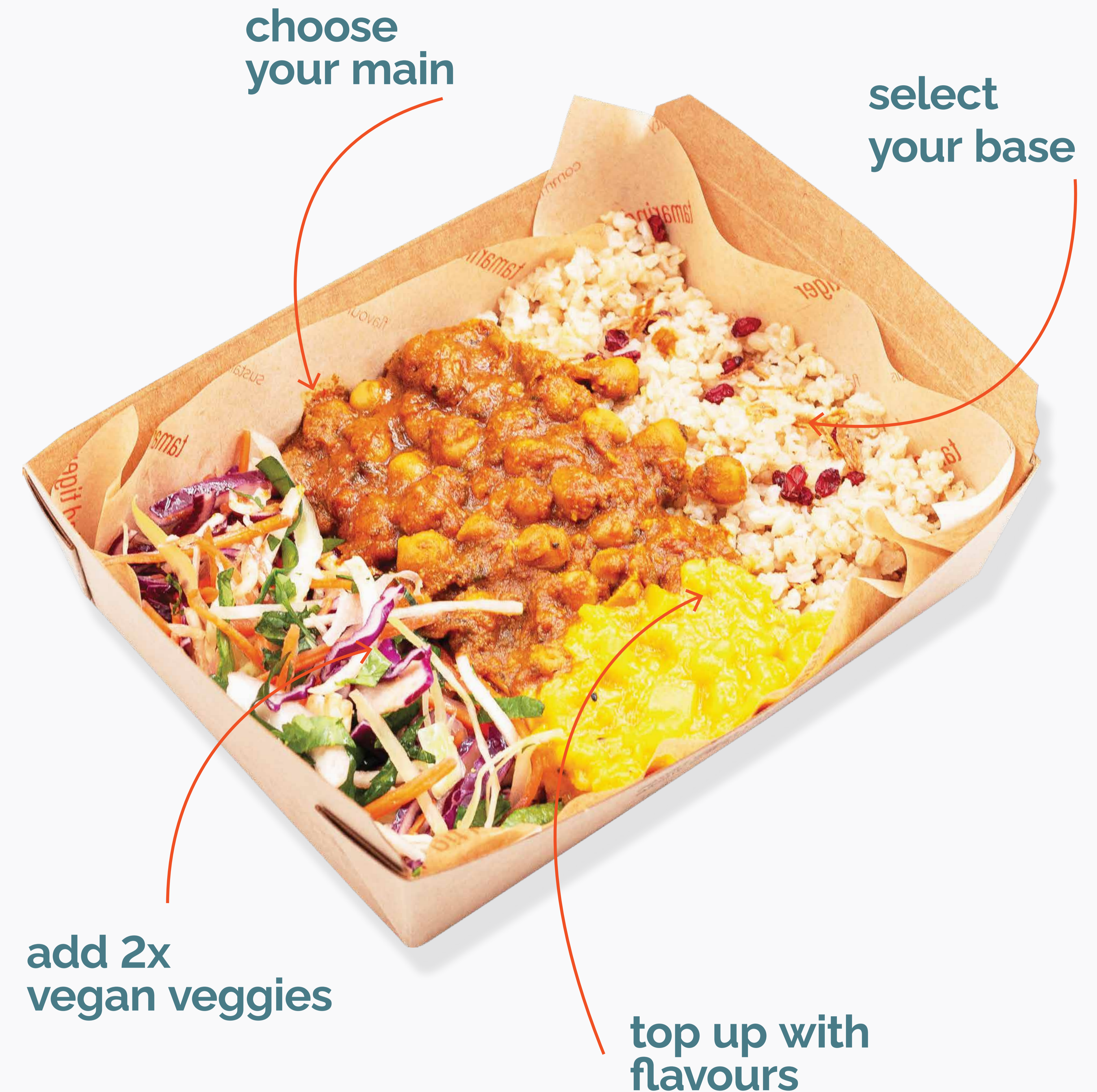
mint chicken 9.75

masala beef meatballs (G) 10.25

add masala lime avocado 1.50

replace the protein with choice of three vegan veggies

plant box (V) (Ve) 8.75



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chaat pots

samosa chaat

(V) (G) 5.75



corn chaat

(V) (G) 4.50

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burger paos

samosa smash

5.75



b.b.c.

6.75

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sides

baked not fried



lamb samosas (G)

4.75

spiced lamb in a paper-thin baked patty pastry



vegan samosa (V) (Ve) (G)

4.25

spicy potato & peas



gunpowder wedges

3.95

(V) (Ve)

south Indian gunpowder masala baked wedges

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meal deals



starting at

£8⁹⁵

**tiger bowl with samosa
& choice of drink**